



# "FRESH IS BEST"

WITH SYDNEY DIRECT FRESH PRODUCE



## FORTNIGHTLY MARKET UPDATE

10TH - 23RD OCTOBER 2018 / ISSUE 49

## KEEPING YOU FRESH @



SYDNEYDIRECTFRESHPRODUCE



FRUITANDVEGETABLEWHOLESALE



1300 303 041

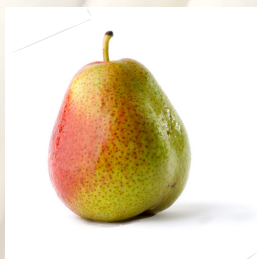


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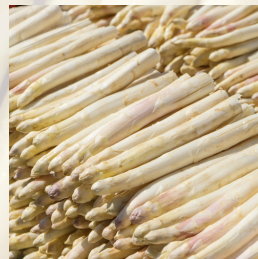
## SDFP SPECIAL 10TH - 23RD OCTOBER 2018



**CELERIAC**  
\$3 HEAD (LARGE SIZE)



**CORELLA PEARS \$10**  
(5KG TRAY)



**WHITE ASPARAGUS**  
\$30 PER 3KG BOX OR  
\$10 PER KILO



## GENERAL MARKET NEWS

**FIGS** - Supply is really short as we are relying solely on Queensland Glasshouse and prices are high. Local figs will start in December and prices will ease.

**LIMES** - They continue to be extremely short in supply and expensive at \$15-\$20 per kilo depending on quality, so there will be no limes in your Corona for Melbourne Cup. This is expected to last for several weeks. We will keep you updated.

**BLACKBERRIES** - They have now finished and will be replaced by Mulberries. Quality of Mulberries is getting better as we move into local crops in the next few weeks.

**ASPARAGUS** - Plenty of options available now. The best value is the loose tip boxes. White Asparagus prices have dropped and we have a super special at \$10 per kilo until the 23rd October. Purple is also available.

**POMEGRANATE** - We have now switched to USA imports, quality is excellent but expensive.

**BRUSSEL SPROUTS** - Supply is short as South Australia has now finished. We will be relying on Queensland Brussel Sprouts for the next 2-3 months. Purple Brussel Sprouts and Kalettes have also finished for the season.

## NEW PRODUCTS AVAILABLE

HALLOWEEN PUMPKINS, AUSTRALIAN PEACHES & NECTARINES, OLD MULBERRIES, SMOKED EGGS, NAMEKO MUSHROOM, GREEN ALMONDS, N.T MANGOES AND PURPLE SPROUTING BROCCOLI.

### TRY SOMETHING DIFFERENT:

SMOKED EGGS, WHITE & PURPLE ASPARAGUS.

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### VEGETABLES

ASPARAGUS, BEANS, BROAD BEANS, EGGPLANT, LOCAL BABY GLOBE ARTICHOKE, SILVERBEET, BROCCOLINI, FENNEL, CELERIAC AND RHUBARB.

### FRUIT

BLUEBERRIES, GOLD KIWI, BLOOD ORANGES, NAVEL ORANGES, CORELLA PEARS, RED PAPAYA AND NASHI PEARS.

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## WHAT'S IN GOOD SUPPLY?

### SHORT SUPPLY AND HIGH PRICE

FIGS, PASSIONFRUIT, BANANA LEAF, BABY ENDIVE, LIMES, POMEGRANATE, BUTTON AND FLAT MUSHROOMS.

### FINISHING FOR THE SEASON

KALETES, PURPLE BRUSSEL SPROUTS, QUINCE AND MANDARINS.

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## WHAT'S IN SHORT SUPPLY

### GOURMET VEGETABLES

SMOKED EGGS, TOMATILLOS, TREVISO, NETTLES, BROAD BEANS, ROMANESCO, SUGAR LOAF CABBAGE AND WASABI ROOT & LEAVES.

### EXOTIC FRUIT

AUSTRALIAN NECTARINES & PEACHES, FIGS, CUSTARD APPLES, STARFRUIT, POMEGRANATE, LOQUATS, BERGAMOT LEMON AND YUZU.

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## GOURMET VEGETABLES AND EXOTIC FRUIT

### BABY VEGETABLES

JAPANESE AND BLUSH TURNIPS, BABY CORN, FRENCH BREAKFAST RADISH, PENCIL LEEKS, AMSTERDAM, PARIS AND RAINBOW CARROTS.

### HERBS AND LEAVES

WASABI MUSTARD LEAF, CONFETTI CORIANDER, WATERCRESS TIPS, BRONZE FENNEL FRONDS, SEASONAL MIX, RED VEIN SORREL, UPLAND CRESS, GARLIC KALE, RED & GREEN PETITE COS, GREEN ELK, PIZZO AND PETITE ROCKET.

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## PETITE BOUCHE HERBS, LEAVES AND VEGETABLES

### WHAT'S AVAILABLE

ROCKET FLOWERS, MIXED FLOWER PUNNETS, JOHNNY JUMP UP'S, PETITE FLOWER MIX, MIXED VIOLA'S, MARIGOLD PETALS, MIXED & WHITE LINARIA FLOWERS, PINEAPPLE SAGE AND FRESH FRUIT SALAD SAGE.

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## EDIBLE FLOWERS