



"FRESH IS BEST"

WITH SYDNEY DIRECT FRESH PRODUCE

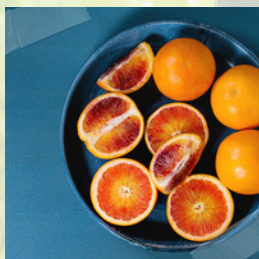
FORTNIGHTLY MARKET UPDATE

28TH AUGUST- 11TH SEPTEMBER 2018 / ISSUE 46

KEEPING YOU FRESH @

 [SYDNEYDIRECTFRESHPRODUCE](#)
 [FRUITANDVEGETABLEWHOLESALE](#)
 1300 303 041
 ORDERS@SDFP.COM.AU

SDFP SPECIAL 28TH AUG - 11TH SEP 2018



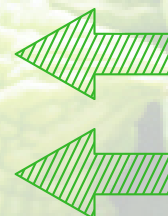
BLOOD ORANGES
\$18 PER BOX



LOCAL RADICCHIO
\$15 PER BOX



**BABY GLOBE
ARTICHOKE**
\$18 PER BOX



GENERAL MARKET NEWS

TOMATOES - Supply has shortened up due to colder than usual weather in QLD. The Medley, Yellow and Grape Tomatoes will remain short in supply.

BEANS - The supply of beans is a little short due to the same reason for the cold weather in QLD.

BASIL - Prices are easing as the supply improves.

GHERKINS - We have a great supply of Gherkins out of QLD. All different sizes and fairly priced.

TRUFFLES - This will be the last week for Truffles. It is time to remove from your menu's. We will be sure to see another cracking season in 2019.

FRESH WATERCHESTNUTS - Now available in different sizes, but only for a short period.

AUSTRALIAN ASPARAGUS - We will be switching from imported to Australian ones by the end of the week. White Asparagus will start in a week or so.



NEW TO THE MARKET

BARHI DATES, BUTTER CAPSICUM, BABY BITTERMELON, OLD GHERKINS, BABY GLOBE ARTICHOKE, DOLCE NAVELS (BLACK ORANGES), N.T MANGOES, USA GRAPES, BRAVO APPLES, NETTLES AND BLACK RADISH.

TRY SOMETHING DIFFERENT:

KALETES, PURPLE BRUSSEL SPROUTS, PETITE BOUCHE GARLIC KALE AND BABY CORN IN THE HUSK.

1

VEGETABLES

LOCAL RADICCHIO, BROAD BEANS, AVOCADOS, EGGPLANT, SWEETCORN, ZUCCHINI, LOCAL BABY GLOBE ARTICHOKE, CHOKO'S, SNOW PEAS, SILVERBEET, BROCCOLINI, CELERIAC AND RHUBARB.

FRUIT

BLOOD ORANGES, STRAWBERRIES, QUINCE, NAVEL ORANGES, CORELLA PEARS, RED PAPAYA, LEMONS, NASHI PEARS AND HONEYDEW.

2

WHAT'S IN GOOD SUPPLY?

WHAT'S IN SHORT SUPPLY

SHORT SUPPLY AND HIGH PRICE

BABY ENDIVE, ZUCCHINI FLOWERS, MEDLEY TOMATOES, LIMES, POMEGRANATE, ASPARAGUS (SEASON JUST STARTING), BUTTON & FLAT MUSHROOMS AND RED WITLOF.

FINISHING FOR THE SEASON

USA CHERRIES, BLACKBERRIES, CHESTNUTS, LOCAL POMEGRANATE, PERSIMMONS AND CAPE GOOSEBERRIES.

3

GOURMET VEGETABLES

CHESTNUT MUSHROOMS, TOMATILLOS, CELTUCE ROOT, SMOKED GARLIC, BROAD BEANS, ROMANESCO, SUGAR LOAF CABBAGE, PURPLE BRUSSEL SPROUTS AND WASABI ROOT & LEAVES

EXOTIC FRUIT

STONEFRUIT, MANGOSTEEN, CUSTARD APPLES, STARFRUIT, DRAGONFRUIT, LONGANS, POMEGRANATE, CUMQUAT, BERGAMOT LEMON AND YUZU.

4

GOURMET VEGETABLES AND EXOTIC FRUIT

BABY VEGETABLES

JAPANESE AND BLUSH TURNIPS, BABY CORN, FRENCH BREAKFAST RADISH, PENCIL LEEKS, AMSTERDAM, PARIS AND RAINBOW CARROTS.

HERBS AND LEAVES

BI-COLOUR SHISO, PETITE ROCKET, YARROW LEAF, FRY MUSTARD, YUUKI MIX, SEASONAL MIX, GARLIC KALE, RED ELK, GREEN ELK AND HOT MUSTARD MIX.

5

PETITE BOUCHE HERBS, LEAVES AND VEGETABLES

WHATS AVAILABLE

ROCKET FLOWERS, BROAD BEAN FLOWERS, MIXED FLOWER PUNNETS, JOHNNY JUMP UP'S, PETITE FLOWER MIX, MIXED VIOLA'S, MARIGOLD PETALS, MIXED & WHITE LINARIA FLOWERS, PINEAPPLE SAGE AND FRESH FRUIT SALAD SAGE.

6

EDIBLE FLOWERS