



"FRESH IS BEST"

WITH SYDNEY DIRECT FRESH PRODUCE

FORTNIGHTLY MARKET UPDATE

14TH - 27TH MARCH 2018 / ISSUE 34

KEEPING YOU FRESH @

SYDNEYDIRECTFRESHPRODUCE
 FRUITANDVEGETABLEWHOLESALE
 1300 303 041
 ORDERS@SDFP.COM.AU

SDFP SPECIAL 14TH - 27TH MARCH 2018



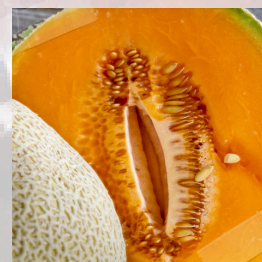
KIWI BERRIES
\$3 PER PUNNET



**ORANGE DUTCH
CARROT**
\$2 PER BUNCH



FRESH PISTACHIOS
\$10 PER KILO



ROCKMELONS
\$12 PER BOX
(100% SAFE)

GENERAL MARKET NEWS

Australian stone fruit - A reminder that all stone fruit is on its last legs of the season and the quality is becoming hit and miss. Start looking at removing from your menu's. This includes apricots, peaches, nectarines, plums and mangoes.

Floretto (Cauliflower Blossom) - A new crop has started, but it is a little inconsistent in supply. As the weather becomes cooler, the quality will improve.

Rockmelon - A reminder that our rockmelons are 100% safe and the listeria outbreak was only from one particular farm that WE DO NOT SOURCE FROM.

Broccoli & Cauliflower - Supply continues to be short, and prices are high.

Queen Garnet Plums - This is there last week, and then they will be finished for the season. Start removing from your menu's.

Autumn Menus - Please look at our market update archive at sdfp.com.au to get some inspiration for your autumn and winter menu chef.



NEW TO THE MARKET

KIWIBERRIES, BLOOD ORANGES (USA), CIPOLLINI ONION, FRESH GREEN OLIVES, FRESH CHESTNUTS, AUSTRALIAN POMEGRANATE AND FLORETTO (CAULIFLOWER BLOSSOM).

TRY SOMETHING DIFFERENT: ACHACHA, CHANTENAY CARROTS, PRICKLY PEARS, BORLOTTI BEANS, ITALIAN EGGPLANT, CUCAMELONS, GHERKINS AND FRESH WASABI AND LEAVES (PRE-ORDER ONLY).

1

VEGETABLES

SWEET POTATO, JALAPENO CHILLI, EGGPLANT, ZUCCHINI, BABY BEETROOT, RHUBARB, AND KALE BUNCHES.

FRUIT

DRAGONFRUIT, FIGS, RED AND GREEN GRAPES, LIMES, PEACHES, NECTARINES, ROCKMELONS, PAPAYA, NASHI PEARS AND WATERMELONS.

WHAT'S IN GOOD SUPPLY?

2

WHAT'S IN SHORT SUPPLY AND COMING TO THE END OF ITS SEASON?

SHORT SUPPLY AND HIGH PRICE

BROCCOLI, CAULIFLOWER, BEANS, YELLOW SQUASH, SPRING ONIONS, PINEAPPLE, MUSHROOMS, ROMAN BEANS AND TARGET BEETROOT.

FINISHING FOR THE SEASON

FINISHING - QUEEN GARNET PLUMS, PEACHES AND NECTARINES.

FINISHED - CHERRIES AND APRICOTS.

3

GOURMET VEGETABLES

PADRON PEPPERS, PURPLE CAULIFLOWER, TOMATILLO'S, SEA GRAPES, JERUSALEM ARTICHOKE, BORLOTTI BEANS, SMOKED GARLIC, GHERKINS, GOURMET MUSHROOMS AND WASABI ROOT.

EXOTIC FRUIT

CUSTARD APPLES, PARADISE PEARS, BLOOD ORANGES, STARFRUIT, DRAGONFRUIT, LONGANS, FIGS AND POMEGRANATE.

GOURMET VEGETABLES AND EXOTIC FRUIT

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BABY VEGETABLES

JAPANESE AND BLUSH TURNIPS, BABY CORN, FRENCH BREAKFAST RADISH, FINGER FENNEL FONDS, PENCIL LEEKS, AMSTERDAM, PARIS AND RAINBOW CARROTS.

HERBS AND LEAVES

BRONZE FENNEL, RED VEIN SORREL, AMARANTH TIPS, RED & GREEN PETITE COS, GREEN ELK, DANDELION, YARROW LEAF AND RED ELK.

PETITE BOUCHE HERBS, LEAVES AND VEGETABLES

5

EDIBLE FLOWERS

WHATS AVAILABLE

MIXED FLOWERS, JOHNNY JUMP UP'S, DIANTHUS, SNAPDRAGONS, MARIGOLD PETALS, MIXED VIOLA, LINARIA, NASTURTIUM FLOWER, PRIMROSE, AND PETITE FLOWER MIX.

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