

"FRESH IS BEST"



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WITH SYDNEY DIRECT FRESH PRODUCE

FORTNIGHTLY MARKET UPDATE

15TH - 28TH NOVEMBER - 2017 / ISSUE 26

KEEPING YOU FRESH @

- SYDNEYDIRECTFRESHPRODUCE
- # FRUITANDVEGETABLEWHOLESALER
- 1300 303 041
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SDFP SPECIALS 15TH - 28TH NOVEMBER 2017





BABY FENNEL \$15 PER BOX



PEACHES \$15 PER TRAY



ROCKMELON \$15 PER BOX



GENERAL MARKET NEWS

ASPARAGUS

The spring flush has eased up with a little less supply around, and prices have increased slightly.

REANS

Supply has improved, and prices have eased.

TOMATOES

Extremely heavy rainfall last week in Bundaberg has severely damaged crops. As our primary growing region for this time of year, supply has been affected which means prices will be high for the next 3-4 weeks.

RED & GREEN CAPSICUM

Both red and green capsicums have also been affected by the rainfall in Bundaberg which has increased the price.

HEIRLOOM & OX-HEART TOMATOES

Local supply is back on, and quality is excellent.

AUSTRALIAN STONEFRUIT

All stone fruit supply is now available. It Includes apricots, cherries, peaches, plums mangoes and nectarines. They are all of excellent quality and prices are fair.

AUSTRALIAN APRICOTS, NECTARINES, PLUMS, PEACHES, PURPLE BASIL, GUAVA, NEW CROP PURPLE CAULIFLOWER, NEW SEASON AUSTRALIAN CHERRIES, USA IMPORTED PERSIMMONS AND LYCHEE.





TRY SOMETHING DIFFERENT: SEA GRAPES, WHITE ASPARAGUS, GUAVA, PETITE BLUSH TURNIP, GHERKINS, GOURMET MUSHROOMS (CATERPILLAR, HEN OF THE WOOD, GOLDEN NEEDLE, COCO BUTTON) AND FRESH WASABI AND LEAVES (PRE-ORDER ONLY).

VEGETABLES

WHAT'S IN GOOD SUPPLY?

BROAD BEANS, DUTCH CARROTS, TARGET BEETROOTS, GLOBE ARTICHOKE, ASPARAGUS, BABY BEETROOT, BABY & REGULAR FENNEL, RHUBARB AND BROCCOLINI.

FRUIT: PEACHES, NECTARINE, ROCKMELON, BLUEBERRIES, NAVEL ORANGES, RUBY GRAPEFRUIT, STRAWBERRIES, PAPAYA, NASHI, KIWIFRUIT, MANGOES AND CORELLA PEARS.



GOURMET VEGETABLES

GOURMET VEGETABLES AND EXOTIC FRUIT

SEA GRAPES, WHITE ASPARAGUS, BROAD BEANS, JERUSELUM ARTICHOKE, BUTTER BEANS, BORLOTTI BEANS, SMOKED GARLIC, VINE SWEET MINI CAPSICUM, PURPLE CAULIFLOWER, GHERKINS, GOURMET MUSHROOMS AND PURPLE ASPARAGUS.

EXOTIC FRUIT

APRICOTS, NECTARINES, PEACHES, PLUMS, STARFRUIT, DRAGONFRUIT, CUMQUATS, AUSTRALIAN MANGOES, LYCHEE AND LONGANS.



BABY VEGETABLES

PETITE BOUCHE HERBS, MICRO & EDIBLE FLOWERS

JAPANESE & BLUSH TURNIPS, FINGER FENNEL, PENCIL LEEKS, AMSTERDAM CARROTS, PARIS CARROTS AND BABY CORN IN HUSK ARE ALL IN VERY GOOD SUPPLY.

PETITE BOUCHE HERBS: IN GOOD SUPPLY ARE AMARANTH TIPS, BRONZE FENNEL TIPS, DANDELION, YARROW LEAF, GOLDEN ENDIVE, SEASONAL HERB AND LEAF 500G, RED VEIN SORREL, BLEEDING GARNET, SUMMER PURSLANE, WASABI MUSTARD LEAF, PIZZO AND GREEN ELK.



EDIBLE FLOWERS: WE CAN SOURCE MIXED FLOWERS, NASTURTIUM FLOWERS, JOHNNY JUMP UPPS, DIANTHUS, MIXED VIOLAS, LINARIA, SNAP DRAGONS AND PINEAPPLE SAGE.

WHAT'S IN SHORT SUPPLY

SHORT SUPPLY AND HIGH PRICE

TOMATOES GOURMET, CAULIFLOWER, BROCCOLI, RED CAPSICUM, EGGPLANT, ZUCCHINI, HORSERADISH, SWEET POTATO, FINGER LIMES, FIGS, DRAGON FRUIT, GINGER, AVOCADO, ROYAL BLUE POTATOES AND WOMBOK (CHINESE CABBAGE).

FINISHING FOR THE SEASON

GOLD KIWI, NETTLES AND BLOOD ORANGE (TWO WEEKS LEFT).





