

"FRESH IS BEST"

WITH SYDNEY DIRECT FRESH PRODUCE

FORTNIGHTLY MARKET UPDATE

1ST - 13TH NOVEMBER - 2017 / ISSUE 25

KEEPING YOU FRESH @

SYDNEYDIRECTFRESHPRODUCE

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SDFP SPECIALS 1ST - 13TH NOVEMBER 2017



ISSUE 25



PURPLE ASAPARAGUS \$1.50 PER BUNCH



AUSTRALIAN MANGOES \$24 TRAY





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BROAD BEANS \$18 PER BOX

GENERAL MARKET NEWS

QUEENS LAND HEAVY RAINFALL AND FLOODING

The heavy rainfall and flooding in South East Queensland has affected supply of a majority of vegetable lines. This which will unfortunately mean some very high prices for the next 2–3 weeks. This will include beans, sweetcorn, red capsicum, zucchini, Chinese cabbage, sweet potato and eggplant.

BEANS

They will be extremely short in supply and expensive for the next few weeks. Please substitute if possible.

AFFORDABLE SUBSTITUTES

SDFP recommend the following substitutes. Asparagus, carrots, Dutch carrots, broad beans, broccolini, fennel, target and gold beetroot.

NEW SEASON CHERRIES

Cherries now available. These delights are sweet and delicious.

RUBY GRAPEFRUIT

They are in abundance and at a great price.

AUSTRALIAN APRICOTS, NECTARINES, PLUMS & PEACHES, PURPLE BASIL (CONSISTANT SUPPLY), GUAVA, NEW CROP PURPLE CAULIFLOWER, GREEN ALMONDS AND NEW SEASON AUSTRALIAN CHERRIES.

TRY SOMETHING DIFFERENT: WHITE ASPARAGUS, GUAVA, PETITE BABY RED COS, GHERKINS, FRESH WASABI AND LEAVES (PRE-ORDER ONLY).

VEGETABLES

BROAD BEANS, DUTCH CARROTS, TARGET BEETROOTS, GLOBE ARTICHOKE, ASPARAGUS, BABY BEETROOT, BABY & REGULAR FENNEL, RHUBARB AND BROCCOLINI.

FRUIT: ROCKMELON, BLUEBERRIES, NAVEL ORANGES, RUBY GRAPEFRUIT, STRAWBERRIES, PAPAYA, NASHI, KIWIFRUIT, MANGOES AND CORELLA PEARS.

GOURMET VEGETABLES AND EXOTIC FRUIT **GOURMET VEGETABLES**

WHITE ASPARAGUS, BROAD BEANS, JERUSELUM ARTICHOKE, BUTTER BEANS, BORLOTTI BEANS, SMOKED GARLIC, VINE SWEET MINI CAPSICUM, PURPLE CAULIFLOWER AND PURPLE ASPARAGUS.

EXOTIC FRUIT

APRICOTS, NECTARINES, PEACHES, STARFRUIT, DRAGONFRUIT, CUMQUATS, BLOOD ORANGES, AUSTRALIA MANGOES AND LONGANS.

BABY VEGETABLES

PETITE BOUCHE HERBS, MICRO & EDIBLE FLOWERS

JAPANESE & BLUSH TURNIPS, FINGER FENNEL, PENCIL LEEKS, AMSTERDAM CARROTS, PARIS CARROTS AND BABY CORN IN HUSK ARE ALL IN VERY GOOD SUPPLY.

PETITE BOUCHE HERBS: IN GOOD SUPPLY ARE AMARANTH TIPS, BRONZE FENNEL TIPS, DANDELION, YARROW LEAF, GOLDEN ENDIVE, SEASONAL HERB AND LEAF 500G, PETITE RED & GREEN COS, CONFETTI CORIANDER, GREEN MUSTARD MIX, RED VEIN SORREL, RED LACE, RED MIZUNA & YUUKI MIX.

EDIBLE FLOWERS: WILL BE LIMITED IN SUPPLY GENERALLY. THIS INCLUDES MIXED FLOWERS, PETITE MIX, VIOLAS, LINARIA, ELDERFLOWERS AND ROCKET.

SHORT SUPPLY AND HIGH PRICE

BEANS, SWEETCORN, RED CAPSICUM, EGGPLANT, ZUCCHINI, OX-HEART TOMATO, LIMES, HORSERADISH, SWEET POTATO, FINGER LIMES, FIGS, DRAGON FRUIT, GINGER, AVOCADO AND WOMBOK (CHINESE CABBAGE).

FINISHING FOR THE SEASON

RAPPE, NETTLES, PURPLE CONGO POTATOES, QUINCE, PERSIMMONS, RAMBUTANS AND CIPPOLINI ONIONS.















WHAT'S IN GOOD SUPPLY?