



# "FRESH IS BEST"

WITH SYDNEY DIRECT FRESH PRODUCE



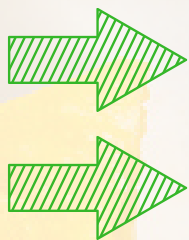
## FORTNIGHTLY MARKET UPDATE

4TH - 17TH OCTOBER 2017 / ISSUE 23

## KEEPING YOU FRESH @

SYDNEYDIRECTFRESHPRODUCE  
 FRUITANDVEGETABLEWHOLESALE  
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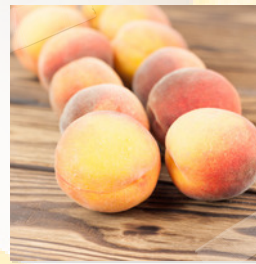
## SDFP SPECIALS 4TH - 17TH OCTOBER 2017



**BEANS**  
**\$25 PER BOX (10KG)**



**CHERRY TOMATOES**  
**\$1 PER PUNNET**



**AUSTRALIAN PEACHES**  
**\$28 PER TRAY**



## GENERAL MARKET NEWS

### GREEN ALMONDS

The first crop is now available. However, the centre of the nut is still at the first stage which is soft and jelly-like.

### SWEET POTATO

Growing gaps in QLD farms have affected supply pushing the prices up. We expect supply to improve in 2-3 weeks.

### HALLOWEEN PUMPKIN

Supply is now available. They will get extremely short in supply on the week of Halloween.

**DON'T LEAVE IT UNTIL THE LAST MINUTE! PRE-ORDER NOW SO WE CAN STORE THEM FOR YOU.**

### LARGE HEIRLOOM TOMATOES

They are almost non-existent at the moment. A logical replacement is ox-heart tomato trays. Quality is excellent. We are waiting for the new crop of heirloom tomatoes to restart in 2-3 weeks

### ASPARAGUS

Australian white, purple and green asparagus is available. We have cheaper options in the green asparagus such as No.2 and tips. White asparagus is available with supply low and a high price. Roughly \$40 per kilo.

WHITE AUSTRALIAN ASPARAGUS, GREEN ALMONDS, HALLOWEEN PUMPKIN, QUEENSLAND MULBERRIES, AUSTRALIAN PEACHES AND NECTARINES.

**TRY SOMETHING DIFFERENT:** WHITE ASPARAGUS, CUMQUATS, CHAMPAGNE MELON (YELLOW WATERMELON), FRESH WASABI & LEAVES (PRE-ORDER ONLY).

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## VEGETABLES

BROAD BEANS, BEANS, GLOBE ARTICHOKE, ASPARAGUS, BABY FENNEL, BABY BEETROOT, EGGPLANT, SICILIAN EGGPLANT, CAULIFLOWER, FENNEL, SWEETCORN, RHUBARB, NETTLES AND BROCCOLINI.

**FRUIT:** ROCKMELON, BLUEBERRIES, NAVEL ORANGES, GRANNY SMITH APPLES, STRAWBERRIES, PAPAYA, NASHI, KIWIFRUIT, MANGOES AND CORELLA.

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## WHAT'S IN GOOD SUPPLY?

## GOURMET VEGETABLES

WHITE ASPARAGUS, BROAD BEANS, JERUSELUM ARTICHOKE, GOLF BALL DUTCH CARROT, BUTTER BEANS, BORLOTTI BEANS, STINGING NETTLES, SMOKED GARLIC, VINE SWEET MINI CAPSICUM AND PURPLE ASPARAGUS.

## EXOTIC FRUIT

NECTARINES, PEACHES, STARFRUIT, DRAGONFRUIT, CUMQUATS, BLOOD ORANGES, AUSTRALIAN MANGOES, MANGOSTEEN AND LONGANS.

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## GOURMET VEGETABLES AND EXOTIC FRUIT

## BABY VEGETABLES

JAPANESE & BLUSH TURNIPS, BABY FRENCH RADISH, FINGER FENNEL, PENCIL LEEKS, AMSTERDAM CARROTS, PARIS CARROTS AND BABY CORN IN HUSK ARE ALL IN VERY GOOD SUPPLY.

**PETITE BOUCHE HERBS:** IN GOOD SUPPLY ARE YARROW LEAF, GOLDEN ENDIVE, SEASONAL HERB & LEAF MIX, BULLS BLOOD CHARD, GREEN ELK, HOT MUSTARD MIX, RED VEIN SORREL, UPLAND CRESS, GREEN FRILL, YUUKI MIX, WASABI MUSTARD MIX AND BRONZE FENNEL.

**EDIBLE FLOWERS:** WE HAVE VERY GOOD SUPPLY OF MIXED LARGE FLOWERS, MIXED LARGE NASTURTIUM FLOWERS, PETITE FLOWERS, JOHNNY JUMP UPS, DIANTHUS, MIXED VIOLA'S, WHITE AND MIXED LINARIA.

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## PETITE BOUCHE HERBS, MICRO & EDIBLE FLOWERS

## WHAT'S IN SHORT SUPPLY AND COMING TO THE END OF ITS SEASON?

### SHORT SUPPLY AND HIGH PRICE

BRUSSEL SPROUTS, LIMES, BABY CUCUMBERS, SWEET POTATO, FINGER LIMES, FIGS, DRAGONFRUIT, POMELO AND GINGER.

### FINISHING FOR THE SEASON

KALETES, BLOOD LIMES, PURPLE CAULIFLOWER, ROMANESCO, QUINCE, PERSIMMONS, RAMBUTAN AND TRUFFLES.

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