



"FRESH IS BEST"

WITH SYDNEY DIRECT FRESH PRODUCE

FORTNIGHTLY MARKET UPDATE

9TH - 22ND AUGUST 2017 / ISSUE 19

KEEPING YOU FRESH @

 [SYDNEYDIRECTFRESHPRODUCE](#)
 [FRUITANDVEGETABLEWHOLESALE](#)
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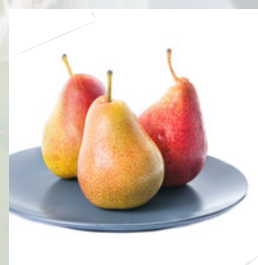
SDFP SPECIALS 9TH - 22ND AUGUST 2017



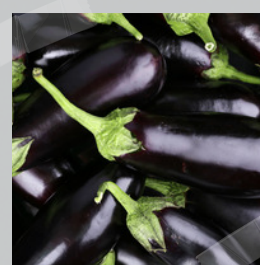
OX-HEART TOMATOES
\$36 PER BOX (4.5KG)



KALETTES
\$18 PER BOX



CORELLA PEARS
\$15 PER TRAY



EGGPLANT
\$15 PER BOX (6KG)

GENERAL MARKET NEWS

Australian Asparagus - New season Victorian asparagus has now started. Thick and thin sized asparagus is now available and in superb condition. Prices are still quite high and will ease as the season progresses. Purple asparagus will also be available in the next couple of weeks.

Large Golden Beetroot - Supply is still inconsistent and expensive.

Quince - The season is winding up so get in fast to receive yours before the season finishes.

Blackberries - Coffs Harbour blackberries are now available, and quality is excellent.

Ox-Heart Tomato - Superb quality Glasshouse ox-heart tomatoes are now available, and they will be consistent in supply for the next three months.

Persimmons - Supply is starting to finish as the season comes to an end.



NEW TO THE MARKET

SUMO MANDARINS, BLOOD ORANGES, CAPE GOOSEBERRIES, TREVISO (RADICCHIO), FRESH GARLIC BUNCHES AND USA IMPORTED STONE FRUIT.

TRY SOMETHING DIFFERENT: KALETTES, PURPLE CAULIFLOWER, PURPLE BRUSSEL SPROUTS, CUMQUATS, SEVILLE ORANGES AND TRUFFLES.

1

VEGETABLES

EGGPLANT, SICILIAN EGGPLANT, CAULIFLOWER, FENNEL, BRUSSEL SPROUTS, SWEETCORN, RHUBARB, ZUCCHINI, NETTLES AND BROCCOLINI.

FRUIT

BLUEBERRIES, LEMONS, NAVEL ORANGES, GRANNY SMITH APPLES, STRAWBERRIES, PASSIONFRUIT AND PAPAYA.

2

WHAT'S IN GOOD SUPPLY?

GOURMET VEGETABLES

KALETTES, PURPLE BRUSSEL SPROUTS, PURPLE CAULIFLOWER, BROAD BEANS, JERUSELUM ARTICHOKE, GOLF BALL DUTCH CARROT, BUTTER BEANS, BORLOTTI BEANS, STINGING NETTLES, SMOKED GARLIC, KALETTES AND VINE SWEET MINI CAPSICUM.

EXOTIC FRUIT

CAPE GOOSEBERRIES, USA CHERRIES, NECTARINES, PLUMS & PEACHES, STARFRUIT, DRAGONFRUIT, FINGER LIME, CUMQUATS AND BLOOD LIMES.

3

GOURMET VEGETABLES AND EXOTIC FRUIT

BABY VEGETABLES

FINGER FENNEL, AMSTERDAM & PARIS CARROTS, BLUSH TURNIPS, JAPANESE SALAD TURNIPS AND BABY CORN ARE IN VERY GOOD SUPPLY.

PETITE BOUCHE HERBS IN GOOD SUPPLY INCLUDE WATER CRESS TIPS, SEASONAL HERB & LEAF MIX 100G & 500G, BULLS BLOOD CHARD, RED & GREEN COS, CONFETTI CORIANDER, GREEN ELK, RED ELK, HOT MUSTARD MIX, SHEEP SORREL, RED LACE, UPLAND CRESS, RED LEAF MIZZUNA, GREEN FRILL AND WASABI LEAF.

EDIBLE FLOWERS. GET IN FAST AS NUMBERS ARE MODERATE. HEIRLOOM BROAD BEAN FLOWERS, PETITE MIX, DIANTHUS, MIXED VIOLAS AND JOHNNY JUMP UPS.

4

PETITE BOUCHE HERBS, MICRO & EDIBLE FLOWERS

WHAT'S IN SHORT SUPPLY AND COMING TO THE END OF ITS SEASON?

SHORT SUPPLY AND HIGH PRICE

GREEN GRAPES, PERSIMMONS, PENCIL LEEKS, SMALL RED CHILLI, LIMES, GOLD BEETROOT, TARRAGON, FIGS, POMELO AND PINEAPPLES.

FINISHING FOR THE SEASON

AUSTRALIAN POMEGRANATE, QUINCE, PERSIMMONS AND TRUFFLES HAVE 2-3 WEEKS TO GO.

5



GO TO WWW.SDFP.COM.AU FOR MORE NEWS, SPECIALS AND MEET THE GROWER ACTION .

