ISSUE 22



"FRESH IS BEST"

WITH SYDNEY DIRECT FRESH PRODUCE

FORTNIGHTLY MARKET UPDATE

20TH APRIL - 2ND MAY 2017 / ISSUE 11

KEEPING YOU FRESH @

- SYDNEYDIRECTFRESHPRODUCE
- F FRUITANDVEGETABLEWHOLESALER
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SDFP SPECIALS 20TH APRIL - 2ND MAY 2017





GREEN GRAPES \$24 PER BOX (10KG)



MPERIAL MANDARIN \$24 PER BOX (9KG BOX)



FRESH CHESTNUTS \$8 PER KILO (XL SIZE)



SNOW PEAS \$5 PER KILO

GENERAL MARKET NEWS

Jerusalem Artichoke - A new season now available and excellent quality.

Tomatoes – All Tomato lines are extremely short in supply and expensive. Regular and Roma Tomatoes are fetching \$6+ per kilo with Truss and Vine Ripened Tomatoes going to \$8-10 per kilo. Unfortunately we will expect this to remain for the next few months. Cheaper options include the smaller Golf Ball Tomatoes at \$1-\$2 per kilo cheaper.

Avocados - New season QLD Hass have started and are a little early. We will switch back to Hass from Shepherd when they arrive in the next week or so.

Stone fruit – Nectarines have finished, please stop ordering. Peaches will finish by the end of this week so remember to remove them from your menu and Plums will continue for 2-4 weeks depending on quality. **Imperial Mandarins** – New season QLD Imperial Mandarins are now in full swing. Sweet and juicy with prices easing daily.

NEW TO THE MARKET

ROYAL GALA APPLES (NEW SEASON), MANGOES (MEXICAN IMPORT), IMPERIAL MANDARINS (AUSTRALIAN), PINE MUSHROOM, MANGOSTEEN, QUINCE, FRESH CHESTNUTS, FRESH PISTACHIO, SUGAR LOAF CABBAGE, LOTUS ROOT, RED WITLOF AND PURPLE CAULIFLOWER.

TRY SOMETHING DIFFERENT: BLACK SAPOTE, FEIJOA FRUIT, MEXICAN PICKLING CUCUMBERS AND DE SAPO MELON.



VEGETABLES

WHAT'S IN GOOD SUPPLY?

RED BULL HORN CHILLI, PINE MUSHROOM, ZUCCHINI, CAULIFLOWER, CELERY, KALE AND ASPARAGUS (MEXICAN)

FRUIT

LIMES, HONEYDEW, REGULAR & CORELLA PEARS AND FINGER LIMES.



GOURMET VEGETABLES

GOURMET VEGETABLES AND EXOTIC FRUIT

SALSIFY, PURPLE KALE, ROMAN BEANS, GOLD NUGGET PUMPKIN, YELLOW ZUCCHINI, SNAKE BEANS, BORLOTTI BEANS, FRESH PISTACHIO, FINGER FENNEL, POPCORN ON THE COB, PADRON PEPPERS AND PURPLE CAULIFLOWER.

EXOTIC FRUIT

FINGER LME, STARFRUIT, DRAGON FRUIT, KIWI BERRY, FEIJOA FRUIT, JUJUBE FRUIT, GUAVA AND LONGAN.

GOOD SUPPLY

PETITE BOUCHE HERBS, MICRO & EDIBLE FLOWERS

ALL MICRO HERBS, PENCIL LEEK AND PETITE CARROTS ARE IN EXCELLENT SUPPLY. PETITE BOUCHE HERBS IN GOOD SUPPLY INCLUDE GREEN ELK, RED ELK, PIZZO, PETITE ROCKET, HOT MUSTARD MIX, WASABI MUSTARD LEAF, RED & GREEN COS, UPLAND AND WATERCRESS.

SHORT SUPPLY

EDIBLE FLOWERS, ICE PLANT, JOHNNY JUMP UP'S, JAPANESE SALAD TURNIPS, BABY CORN IN HUSK AND PETITE BOUCHE FINGER FENNEL.



WHAT'S IN SHORT SUPPLY AND COMING TO THE END OF ITS SEASON?

SHORT SUPPLY AND HIGH PRICE

ALL TOMATO LINES, BROCCOLI, ALL HERBS, ZUCCHINI FLOWERS, ICEBERG LETTUCE, LEMONS, SWEET POTATO AND CHERRY TOMATOES.

FINISHING FOR THE SEASON

STONE FRUITS, PEACHES, PLUMS, LYCHEE, NECTARINES, GREEN ALMONDS AND APRICOTS.





