



"FRESH IS BEST"

WITH SYDNEY DIRECT FRESH PRODUCE

FORTNIGHTLY MARKET UPDATE

12TH - 25TH SEPTEMBER 2018 / ISSUE 47

KEEPING YOU FRESH @

 [SYDNEYDIRECTFRESHPRODUCE](#)
 [FRUITANDVEGETABLEWHOLESALE](#)
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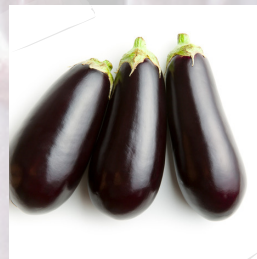
SDFP SPECIAL 12TH-25TH SEP 2018



QLD ROCKMELON
\$15 PER BOX



**SUGAR LOAF
CABBAGE**
\$2.50 EACH



QLD EGGPLANT
\$15 PER BOX



GENERAL MARKET NEWS

HEIRLOOM TOMATOES - Supply will be short for the next two months as we are relying solely on local grower "Goldenfields" who have minimum produce. We do have a good supply of Ox-Heart and Black Russian out of Victoria.

ASPARAGUS - White Asparagus has now begun and will be available from Wednesday onwards. Purple is also available.

LIMES - Supply remains very short and expensive. The cheapest option is 9-10kg bulk No.2 boxes. We expect this to last throughout September.

BASIL & CUCUMBERS - Both are slowly falling in price as the local supply kicks off.

RED CAPSICUM - Supply is slow out of Bowen and prices are high.



NEW TO THE MARKET

WHITE & PURPLE ASPARAGUS, BARHI DATES, QLD GHERKINS, DOLCE NAVELS (BLACK ORANGES), N.T MANGOES, USA GRAPES AND NETTLES.

TRY SOMETHING DIFFERENT:

KALETES, PURPLE BRUSSEL SPROUTS, PETITE BOUCHE BABY VEGETABLE RANGE.

1

VEGETABLES

CAULIFLOWER, BROAD BEANS, EGGPLANT, SWEETCORN, ZUCCHINI, LOCAL BABY GLOBE ARTICHOKES, CHOKO'S, SNOW PEAS, SILVERBEET, BROCCOLINI, CELERIAC AND RHUBARB.

FRUIT

BLUEBERRIES, GOLD KIWI, BLOOD ORANGES, STRAWBERRIES, QUINCE, NAVEL ORANGES, CORELLA PEARS, RED PAPAYA, LEMONS, NASHI PEARS AND ROCKMELON.

2

WHAT'S IN GOOD SUPPLY?

SHORT SUPPLY AND HIGH PRICE

BANANA LEAF, BABY ENDIVE, ZUCCHINI FLOWERS, MEDLEY TOMATOES, LIMES, POMEGRANATE, ASPARAGUS (SEASON JUST STARTING), BUTTON & FLAT MUSHROOMS AND RED WITLOF.

FINISHING FOR THE SEASON

BLACK CHERRIES, USA CHERRIES, BLACKBERRIES, CHESTNUTS AND LOCAL POMEGRANATE.

3

WHAT'S IN SHORT SUPPLY

GOURMET VEGETABLES

TOMATILLOS, SMOKED GARLIC, BROAD BEANS, ROMANESCO, SUGAR LOAF CABBAGE, PURPLE BRUSSEL SPROUTS AND WASABI ROOT & LEAVES.

EXOTIC FRUIT

USA STONEFRUIT, CUSTARD APPLES, STARFRUIT, DRAGONFRUIT, POMEGRANATE, CUMQUAT, BERGAMOT LEMON AND YUZU.

4

GOURMET VEGETABLES AND EXOTIC FRUIT

BABY VEGETABLES

JAPANESE AND BLUSH TURNIPS, BABY CORN, FRENCH BREAKFAST RADISH, PENCIL LEEKS, AMSTERDAM, PARIS AND RAINBOW CARROTS.

HERBS AND LEAVES

RED STEM RADISH, WATERCRESS TIPS, BRONZE FENNEL FRONDS, SEASONAL MIX, RED VEIN SORREL, SHUNGIKU, UPLAND CRESS, YUUKI MIX, GARLIC KALE, RED LACE, RED LEAF MIZZUNA AND FIERY MUSTARD MIX.

5

PETITE BOUCHE HERBS, LEAVES AND VEGETABLES

WHAT'S AVAILABLE

CONFETTI CORIANDER FLOWERS, ROCKET FLOWERS, BROAD BEAN FLOWERS, MIXED FLOWER PUNNETS, JOHNNY JUMP UP'S, PETITE FLOWER MIX, MIXED VIOLA'S, MARIGOLD PETALS, MIXED & WHITE LINARIA FLOWERS, PINEAPPLE SAGE AND FRESH FRUIT SALAD SAGE.

6

EDIBLE FLOWERS